

Excite Live Synchro - Fixed ramp



Version	Live 10" 500	Live 10" 700	Live 10" 900	Live 10" 500 HP	Live 10" 700 HP
End-user comfort and convenience					
Display type	Live 10"				
Human Powered Technology	No	No	No	Yes	Yes
Optimal View	Scientifically certified display				
Fast Track Controls	No	Yes	Yes	No	Yes
Ergonomic upper body handles	Yes	Yes	Yes	Yes	Yes
Converging upper body movement	Yes	Yes	Yes	Yes	Yes
Soft-touch total body handlebar	Yes	Yes	Yes	Yes	Yes
Integrated reading rack	Yes	Yes	Yes	Yes	Yes
Integrated tray	Yes	Yes	Yes	Yes	Yes
Wake-up Sensor	No	No	Yes	No	No
Language selection before training	Yes	Yes	Yes	Yes	Yes
Languages available	24 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Russian, Turkish, Danish, Arabic, Korean, Norwegian, Swedish, Finnish, Israeli, Catalan, Polish, Thai, Chinese simplified, Welsh				
Goal-oriented display	Yes	Yes	Yes	Yes	Yes
Structural specifications					
Dimensions L x W x H*	2180 x 700 x 1685 mm (86" x 28" x 66")				
Equipment weight	152 kg (335 lbs)				
Technical specifications and performance					
Max user weight	180 kg (397 lbs)				
Step-up height	280 mm (11")				
Max resistance at 160 RPM	600 watts				
HR monitoring					
Hand Sensors	Yes	Yes	Yes	Yes	Yes
Telemetry	Yes	Yes	Yes	Yes	Yes
Bluetooth*	Yes	Yes	Yes	Yes	Yes
ANT+	No	No	Yes	No	No
Training options					
Goal-driven workouts	3 - Time / Calories / Distance				
Heart rate-driven workouts	3 - CPR-CHR / Training Zone / Weight Loss				
Preset profile workouts	6				
Create your own workout	Yes				
On-trend workouts	3 - Hi-Low Blocks / Hills / Cross Training				
Goal-oriented Routines	3 - Glutes Routine / Total Body Routine / Lose Weight				
Submaximal tests	1 - Fitness Test				
Military tests (US Army)	2 - Air Force PRT / Navy PRT				
Quick Start	Yes				
Personal assistant					
Technogym Coach	Yes	Yes	Yes	Yes	Yes
Connectivity					
mywellness connectivity	Yes, through QR code		Yes, through Key Reader, Bluetooth*, QR code, NFC and Apple / Samsung Watch	Yes, through QR code	
Wi-Fi*	Yes	Yes	Yes	Yes	Yes
ANT+ receiver	No	No	Yes	No	No
Apple / Samsung Watch compatibility	No	No	Yes	No	No
NFC	No	No	Yes	No	No
Bluetooth* 5.0	No	No	Yes	No	No
Electrical specifications					
Power requirement	100-240 Vac ± 10% 50/60 Hz			No power required. No batteries.	
Utilities					
Automatic ramp repositioning	Yes	Yes	Yes	Yes	Yes
Anterior wheels for easy transport	Yes	Yes	Yes	Yes	Yes
USB port	Yes	Yes	Yes	Yes	Yes
Customizable settings	Yes	Yes	Yes	Yes	Yes
Remote software update	Yes: with Asset Management				
Certifications					
UL certificate	Yes	Yes	Yes	Yes	Yes
CE Mark	Yes	Yes	Yes	Yes	Yes
EAC Mark	Yes	Yes	Yes	Yes	Yes

Excite Live Synchro - Adjustable ramp



Version	Live 10" 700	Live 10" 900	Live 16" 5000	Live 16" 7000	Live 16" 9000
End-user comfort and convenience					
Display type	Live 16"				
Optimal View	Scientifically certified display				
Adjustable ramp	Yes (5° - 35°)				
Fast Track Controls	Yes	Yes	No	Yes	Yes
Swiftpad	Yes	Yes	Yes	Yes	Yes
Ergonomic upper body handles	Yes	Yes	Yes	Yes	Yes
Converging upper body movement	Yes	Yes	Yes	Yes	Yes
Soft-touch total body handlebar	Yes	Yes	Yes	Yes	Yes
Integrated reading rack	Yes	Yes	Yes	Yes	Yes
Integrated tray	Yes	Yes	Yes	Yes	Yes
Integrated tray with Universal Wireless Charger	No	No	No	Yes	Yes
Decline System	Yes	Yes	Yes	Yes	Yes
Wake-up Sensor	No	Yes	No	Yes	Yes
Language selection before training	Yes	Yes	Yes	Yes	Yes
Languages available	24 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Russian, Turkish, Danish, Arabic, Korean, Norwegian, Swedish, Finnish, Israeli, Catalan, Polish, Thai, Chinese simplified, Welsh				
Goal-oriented display	No	Yes	Yes	Yes	Yes
Structural specifications					
Dimensions L x W x H*	2180 x 700 x 1685 mm (86" x 28" x 66")				
Equipment weight	170 kg (375 lbs)				
Technical specifications and performance					
Max user weight	180 kg (397 lbs)				
Step-up height	250 mm (9.8")				
Max resistance at 160 RPM	600 watts				
HR monitoring					
Hand Sensors	Yes	Yes	Yes	Yes	Yes
Telemetry	Yes	Yes	Yes	Yes	Yes
Bluetooth®	Yes	Yes	Yes	Yes	Yes
ANT+	No	Yes	Yes	Yes	Yes
Recurring programs					
Technogym Sessions	No	No	No	Free sample - 3 full Sessions if the product is either offline or online	
Training options					
Goal-driven workouts	3 - Time / Calories / Distance				
Heart rate-driven workouts	3 - CPR-CHR / Training Zone / Weight Loss				
Preset profile workouts	6				
Create your own workout	Yes				
On-trend workouts	3 - Hi-Low Blocks / Hills / Cross Training				
Goal-oriented Routines	4 - Uphill Stamina / Glutes / Total Body / Stamina				
Submaximal tests	1 - Fitness Test				
Military tests (US Army)	2 - Air Force PRT / Navy PRT				
Quick Start	Yes				
Exergaming					
Outdoors	No	No	Free sample - 3 x 15-minute routes if the product is offline; 9 x 30-minute routes if the product is online		
Personal assistant					
Technogym Coach	Yes	Yes	Yes	Yes	Yes
Connectivity					
mywellness connectivity	Yes, through QR code		Yes, through Key Reader, Bluetooth®, QR code, NFC		Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch
Wi-Fi®	Yes	Yes	Yes	Yes	Yes
ANT+ receiver	No	Yes	No	No	Yes
Apple / Samsung Watch compatibility	No	Yes	No	No	Yes
NFC / RFID Reader	No	Yes	Yes	Yes	Yes
Bluetooth® 5.0	No	Yes	No	Yes	Yes
Entertainment					
TV	No	No	Yes	Yes	Yes
Apps	No	No	Yes	Yes	Yes
Internet browsing	No	No	Yes	Yes	Yes
Electrical specifications					
Power requirement	100-240 Vac ± 10% 50/60 Hz				
Utilities					
Automatic ramp repositioning	Yes	Yes	Yes	Yes	Yes
Anterior wheels for easy transport	Yes	Yes	Yes	Yes	Yes
USB port	Yes	Yes	Yes	Yes	Yes
Customizable settings	Yes	Yes	Yes	Yes	Yes
Remote software update	Yes: with Asset Management				
Certifications					
UL certificate	Yes	Yes	Yes	Yes	Yes
CE Mark	Yes	Yes	Yes	Yes	Yes
EAC Mark	Yes	Yes	Yes	Yes	Yes