

## Excite Live Synchro - Fixed ramp



Version	Live 10" 500	Live 10" 700	Live 10" 900	Live 10" 500 HP	Live 10" 700 HP
<b>End-user comfort and convenience</b>					
Console type	Live 10"				
Human Powered Technology	No	No	No	Yes	Yes
Optimal View	Scientifically certified console				
Fast Track Controls	No	Yes	Yes	No	Yes
Ergonomic upper body handles	Yes	Yes	Yes	Yes	Yes
Converging upper body movement	Yes	Yes	Yes	Yes	Yes
Soft-touch total body handlebar	Yes	Yes	Yes	Yes	Yes
Integrated reading rack	Yes	Yes	Yes	Yes	Yes
Integrated tray	Yes	Yes	Yes	Yes	Yes
Wake-up Sensor	No	No	Yes	No	No
User-defined language selection	Yes	Yes	Yes	Yes	Yes
Languages available	24 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Russian, Turkish, Danish, Arabic, Korean, Norwegian, Swedish, Finnish, Israeli, Catalan, Polish, Thai, Chinese simplified, Welsh				
Goal-oriented display	Yes	Yes	Yes	Yes	Yes
<b>Structural specifications</b>					
Dimensions L x W x H*	2180 x 700 x 1685 mm (86" x 28" x 66")				
Equipment weight	152 kg (335 lbs)				
<b>Technical specifications and performance</b>					
Max user weight	180 kg (397 lbs)				
Step-up height	280 mm (11")				
Max resistance at 160 RPM	600 watts				
<b>HR monitoring</b>					
Hand Sensors	Single	Double	Double	Single	Double
Telemetry	Yes	Yes	Yes	Yes	Yes
Bluetooth®	Yes	Yes	Yes	Yes	Yes
ANT+	No	No	Yes	Yes	Yes
<b>Training options</b>					
Goal-driven workouts	3 - Time / Calories / Distance				
Heart rate-driven workouts	3 - CPR-CHR / Training Zone / Weight Loss				
Preset profile workouts	6				
Create your own workout	Yes				
On-trend workouts	3 - Hi-Low Blocks / Hills / Cross Training				
Technogym Routines	3 Goal-oriented Routines: Glutes Routine / Total Body Routine / Lose Weight				
Submaximal tests	1 - Fitness Test				
Military tests (US Army)	2 - Air Force PRT / Navy PRT				
Quick Start	Yes				
<b>Personal assistant</b>					
Technogym Coach	Yes	Yes	Yes	Yes	Yes
<b>Connectivity</b>					
Mywellness connectivity	Yes, through QR code		Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch	Yes, through QR code	
Wi-Fi®	Yes	Yes	Yes	Yes	Yes
ANT+ receiver	No	No	Yes	No	No
Apple / Samsung Watch compatibility	No	No	Yes	No	No
NFC	No	No	Yes	No	No
Bluetooth® 5.0	No	No	Yes	No	No
<b>Electrical specifications</b>					
Power requirement	100-240 Vac ± 10% 50/60 Hz			No power required. No batteries.	
<b>Utilities</b>					
Anterior wheels for easy transport	Yes	Yes	Yes	Yes	Yes
USB port	Yes	Yes	Yes	Yes	Yes
Customizable settings	Yes	Yes	Yes	Yes	Yes
Remote software update	Yes: with Asset Management				
<b>Certifications</b>					
UL certificate	Yes	Yes	Yes	Yes	Yes
CE Mark	Yes	Yes	Yes	Yes	Yes
EAC Mark	Yes	Yes	Yes	Yes	Yes

# Excite Live Synchro - Adjustable ramp



Version	Live 10" 700	Live 10" 900	Live 16" 5000	Live 16" 7000	Live 16" 9000
<b>End-user comfort and convenience</b>					
Console type	Live 10"		Live 16"		
Optimal View	Scientifically certified console				
Adjustable ramp	Yes (5° - 33°)				
Fast Track Controls	Yes	Yes	No	Yes	Yes
Swiftpad	Yes	Yes	Yes	Yes	Yes
Ergonomic upper body handles	Yes	Yes	Yes	Yes	Yes
Converging upper body movement	Yes	Yes	Yes	Yes	Yes
Soft-touch total body handlebar	Yes	Yes	Yes	Yes	Yes
Integrated reading rack	Yes	Yes	Yes	Yes	Yes
Integrated tray	Yes	Yes	Yes	Yes	Yes
Integrated tray with Universal Wireless Charger	No	No	No	No	Yes
Decline System	Yes	Yes	Yes	Yes	Yes
Automatic ramp repositioning	Yes	Yes	Yes	Yes	Yes
Wake-up Sensor	No	Yes	No	Yes	Yes
User-defined language selection	Yes	Yes	Yes	Yes	Yes
Languages available	24 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Russian, Turkish, Danish, Arabic, Korean, Norwegian, Swedish, Finnish, Israeli, Catalan, Polish, Thai, Chinese simplified, Welsh				
Goal-oriented display	Yes	Yes	Yes	Yes	Yes
<b>Structural specifications</b>					
Dimensions L x W x H*	2180 x 700 x 1685 mm (86" x 28" x 66")				
Equipment weight	170 kg (375 lbs)				
<b>Technical specifications and performance</b>					
Max user weight	180 kg (397 lbs)				
Min. pedal height from the floor	250 mm (9.8")				
Max resistance at 160 RPM	600 watts				
<b>HR monitoring</b>					
Hand Sensors	Double	Double	Single	Double	Double
Telemetry	Yes	Yes	Yes	Yes	Yes
Bluetooth®	Yes	Yes	Yes	Yes	Yes
ANT+	No	Yes	Yes	Yes	Yes
<b>Recurring programs</b>					
Technogym Sessions	No	No	Free sample - 3 full Sessions if the product is either offline or online		
<b>Training options</b>					
Goal-driven workouts	3 - Time / Calories / Distance				
Heart rate-driven workouts	3 - CPR-CHR / Training Zone / Weight Loss				
Preset profile workouts	6				
Create your own workout	Yes				
On-trend workouts	3 - Hi-Low Blocks / Hills / Cross Training				
Technogym Routines	4 Goal-oriented Routines: Uphill Stamina / Glutes / Total Body / Stamina				
Submaximal tests	1 - Fitness Test				
Military tests (US Army)	2 - Air Force PRT / Navy PRT				
Quick Start	Yes				
<b>Exergaming</b>					
Technogym Outdoors	No	No	Free sample - 3 x 15-minute routes if the product is offline; 9 x 30-minute routes if the product is online		
<b>Personal assistant</b>					
Technogym Coach	Yes	Yes	Yes	Yes	Yes
<b>Connectivity</b>					
Mywellness connectivity	Yes, through QR code	Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch	Yes, through Key Reader, Bluetooth®, QR code, NFC		Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch
Wi-Fi®	Yes	Yes	Yes	Yes	Yes
ANT+ receiver	No	Yes	No	No	Yes
Apple / Samsung Watch compatibility	No	Yes	No	No	Yes
NFC / RFID Reader	No	Yes	Yes	Yes	Yes
Bluetooth® 5.0	No	Yes	No	Yes	Yes
LAN	No	No	Yes	Yes	Yes
<b>Entertainment</b>					
TV	No	No	Yes	Yes	Yes
Apps	No	No	Yes	Yes	Yes
Internet browsing	No	No	Yes	Yes	Yes
<b>Electrical specifications</b>					
Power requirement	100-240 Vac ± 10% 50/60 Hz				
<b>Utilities</b>					
Anterior wheels for easy transport	Yes	Yes	Yes	Yes	Yes
USB port	Yes	Yes	Yes	Yes	Yes
Customizable settings	Yes	Yes	Yes	Yes	Yes
Remote software update	Yes: with Asset Management				
<b>Certifications</b>					
UL certificate	Yes	Yes	Yes	Yes	Yes
CE Mark	Yes	Yes	Yes	Yes	Yes
EAC Mark	Yes	Yes	Yes	Yes	Yes

\*Length x Width x Height while working on the equipment