

Technogym Artis

Chest Press

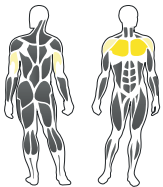


Technical specifications

Length	1409 mm	55 in
Width	1427 mm	56 in
Height	1673 mm	66 in
Machine weight	295 kg	650 lb
Weight stack standard	100 kg	200 lb
Weight stack plus	125 kg	250 lb

Code

MK70



Muscles:

Pectoral Major
Triceps
Anterior Deltoids

Vertical Traction

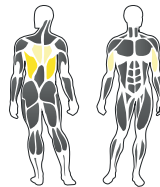


Technical specifications

Length	1415 mm	56 in
Width	1428 mm	56 in
Height	1868 mm	74 in
Machine weight	313 kg	690 lb
Weight stack standard	100 kg	200 lb
Weight stack plus	125 kg	250 lb

Code

MK71



Muscles:

Latissimus Dorsi
Biceps
Rhomboids

Pectoral

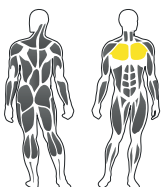


Technical specifications

Length	1414 mm	56 in
Width	1414 mm	56 in
Height	1375 mm	54 in
Machine weight	305 kg	673 lb
Weight stack standard	100 kg	200 lb
Weight stack plus	130 kg	260 lb

Code

MK13



Muscles:

Pectoralis Major

Shoulder Press

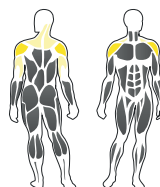


Technical specifications

Length	1409 mm	55 in
Width	1415 mm	56 in
Height	1375 mm	54 in
Machine weight	234 kg	516 lb
Weight stack standard	70 kg	140 lb
Weight stack plus	100 kg	200 lb

Code

MK69



Muscles:

Anterior Deltoids
Posterior Deltoids
Triceps
Trapezii

Primary Muscles Secondary Muscles

Technogym Artis

Low Row

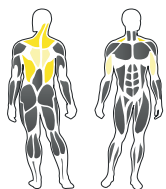


Technical specifications

Length	1420 mm	56 in
Width	1185 mm	47 in
Height	1375 mm	54 in
Machine weight	268 kg	591 lb
Weight stack standard	100 kg	200 lb
Weight stack plus	130 kg	260 lb

Code

MK80



Muscles:

Latissimus Dorsi
Trapezii
Biceps
Rhomboids

Arm Curl

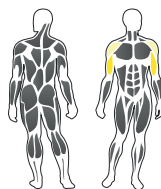


Technical specifications

Length	1083 mm	43 in
Width	1450 mm	57 in
Height	1375 mm	54 in
Machine weight	232 kg	512 lb
Weight stack standard	70 kg	140 lb
Weight stack plus	100 kg	200 lb

Code

MK92



Muscles:

Biceps
Anterior Deltoids

Rear Delt Row

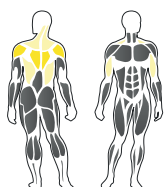


Technical specifications

Length	1186 mm	47 in
Width	1195 mm	47 in
Height	1875 mm	74 in
Machine weight	240 kg	529 lb
Weight stack standard	70 kg	140 lb
Weight stack plus	100 kg	200 lb

Code

MK46



Muscles:

Rhomboids
Posterior Deltoids
Latissimus Dorsi
Biceps
Trapezii

Arm Extension

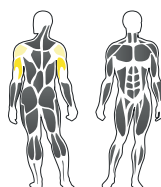


Technical specifications

Length	1083 mm	43 in
Width	1439 mm	57 in
Height	1375 mm	54 in
Machine weight	234 kg	516 lb
Weight stack standard	70 kg	140 lb
Weight stack plus	100 kg	200 lb

Code

MK45



Muscles:

Triceps
Posterior Deltoids

Primary Muscles Secondary Muscles

Technogym Artis

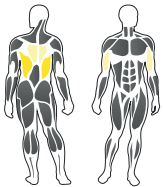
Lat Machine



Technical specifications		
Length	1289 mm	51 in
Width	1202 mm	47 in
Height	2279 mm	90 in
Machine weight	286 kg	631 lb
Weight stack standard	100 kg	200 lb
Weight stack plus	130 kg	260 lb

Code

MK12



Muscles:

Latissimus Dorsi
Biceps
Rhomboids

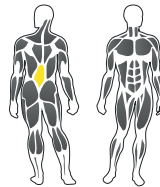
Lower Back



Technical specifications		
Length	1448 mm	57 in
Width	1127 mm	44 in
Height	1375 mm	54 in
Machine weight	235 kg	518 lb
Weight stack standard	70 kg	140 lb
Weight stack plus	100 kg	200 lb

Code

MK58



Muscles:

Erector Spinae

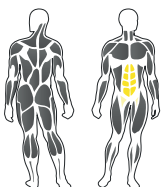
Total Abdominal



Technical specifications		
Length	1389 mm	55 in
Width	1029 mm	41 in
Height	1403 mm	55 in
Machine weight	211 kg	465 lb
Weight stack standard	70 kg	140 lb
Weight stack plus	100 kg	200 lb

Code

MK83



Muscles:

Rectus Abdominis
Iliopsoas

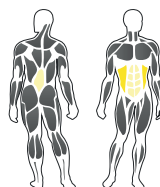
Rotary Torso



Technical specifications		
Length	1139 mm	45 in
Width	1148 mm	45 in
Height	1375 mm	54 in
Machine weight	212 kg	467 lb
Weight stack standard	70 kg	140 lb
Weight stack plus	100 kg	200 lb

Code

MK50



Muscles:

Obliques
Rectus Abdominis
Erector Spinae

■ Primary Muscles ■ Secondary Muscles

Technogym Artis

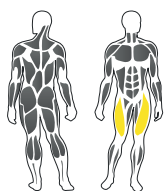
Leg Extension



Technical specifications		
Length	1095 mm	43 in
Width	1133 mm	45 in
Height	1375 mm	54 in
Machine weight	293 kg	646 lb
Weight stack standard	100 kg	200 lb
Weight stack plus	125 kg	250 lb

Code

MK91



Muscles:
Quadriceps

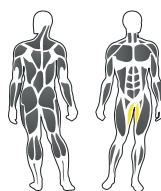
Adductor



Technical specifications		
Length	1438 mm	57 in
Width	1160 mm	46 in
Height	1375 mm	54 in
Machine weight	217 kg	478 lb
Weight stack standard	70 kg	140 lb
Weight stack plus	100 kg	200 lb

Code

MK17



Muscles:
Adductors

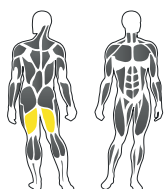
Leg Curl



Technical specifications		
Length	1304 mm	51 in
Width	1132 mm	45 in
Height	1375 mm	54 in
Machine weight	297 kg	655 lb
Weight stack standard	100 kg	200 lb
Weight stack plus	125 kg	250 lb

Code

MK90



Muscles:
Hamstrings

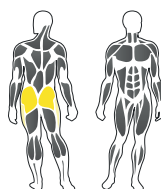
Abductor



Technical specifications		
Length	1438 mm	57 in
Width	1097 mm	43 in
Height	1375 mm	54 in
Machine weight	208 kg	459 lb
Weight stack standard	70 kg	140 lb
Weight stack plus	100 kg	200 lb

Code

MK18



Muscles:
Gluteus
Abductors

■ Primary Muscles ■ Secondary Muscles

Technogym Artis

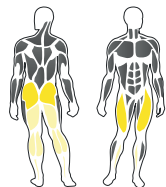
Leg Press



Technical specifications		
Length	2083 mm	82 in
Width	1225 mm	48 in
Height	1950 mm	77 in
Machine weight	638 kg	1407 lb
Weight stack standard	190 kg	380 lb
Weight stack plus	250 kg	500 lb

Code

MK51



Muscles:
 Quadriceps
 Gluteus
 Gastrocnemius
 Soleus
 Hamstrings

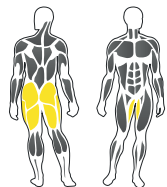
Multi Hip



Technical specifications		
Length	1240 mm	49 in
Width	1123 mm	44 in
Height	1749 mm	69 in
Machine weight	312 kg	688 lb
Weight stack standard	100 kg	200 lb
Weight stack plus	125 kg	250 lb

Code

MK67



Muscles:
 Gluteus
 Adductors
 Abductors
 Hamstrings

Squat

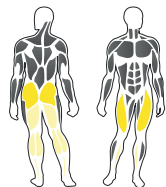
Patented



Technical specifications		
Length	2156 mm	85 in
Width	1122 mm	44 in
Height	1950 mm	77 in
Machine weight	385 kg	849 lb
Weight stack standard	100 kg	200 lb
Weight stack plus	130 kg	260 lb

Code

MK16



Muscles:
 Quadriceps
 Gluteus
 Gastrocnemius
 Soleus
 Hamstrings

Technogym Artis Cardio & Strength

Product Identities

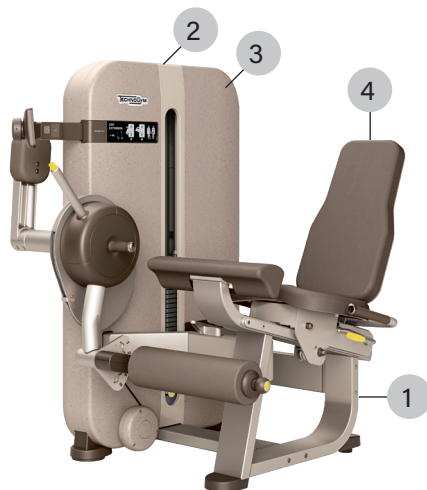
Diamond Black



Carbon Grey



Sand Stone (design patent)



Technogym Biostrength

Product Identities

Diamond Black



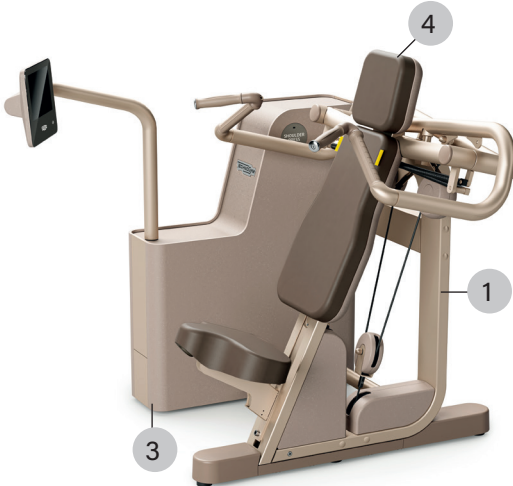
1. FRAME	2. INLAY
AN Anthracite	EG Diamond Black
3. GUARD	4. UPHOLSTERY
EA Anthracite on Artis Strength	2V Black
23 Anthracite on Biostrength	

Carbon Grey



1. FRAME	2. INLAY
BW Carbon Grey	CV Shiny Grey
3. GUARD	4. UPHOLSTERY
CT Carbon Grey on Artis Strength	9A Mocha
21 Carbon Grey on Biostrength	

Sand Stone (design patent)



1. FRAME	2. INLAY
IL Warm Titanium	IF Warm Titanium
3. GUARD	4. UPHOLSTERY
IH Speckled Stone on Artis Strength	IK Clay
IV Speckled Stone on Artis Biostrength	